

# Designing for/with people with dementia

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# About me



**Former mental health nurse**

**PhD Sociology | Oxford Brookes University**

**Provided research, education, consultancy in field of dementia for 12+ years**

**Director of Doctoral Training Centre in Dementia Care | Alzheimer's Society**

**Programme Lead for MSc Complex Care in Older People | Module lead for an option module**

**Leading a study looking at use of GPS technologies | Alzheimer's Society**

**Established Dementia Action Research & Education (DARE) Network in 2014**

**Active member of University's Public Engagement Network**

**Lived in Southampton for five years**

A DFC is defined as one in which:

‘people with dementia are **empowered** to have **high aspirations** and **feel confident**, knowing that they can **contribute** and **participate in activities** that are **meaningful** to them

(Alzheimer’s Society, 2013: viii).



# Dementia is an impairment and disability

Characterised by  
changes in cognition  
and sensory abilities  
Associated with  
negative stereotypes  
and attitudes



We are ordinary people living ordinary lives, who happen to have a long term condition called dementia. Please help us continue to live in our homes and our communities, which is something we can do very well if society understood how to support us with our sensory challenges...' Agnes

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People with dementia have right to expect effective measures to be taken to promote social inclusion and mobility

*(UN Convention on the Rights of Person with a Disability)*

# Six design principles for a DFC \*

1. Familiarity
2. Legibility
3. Distinctiveness
4. Accessibility
5. Safety
6. Comfort

# Example of a DFC: Bracknell Forest Council

<https://www.youtube.com/embed/xHQdS6RHQOQ?rel=0>



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